

PLEASE ORDER AT THE COUNTER

Breakfast Menu (Until 11am)

SOURDOUGH TOAST Butter & preserves	8
EGGS YOUR WAY Poached, scrambled or fried, toasted sourdough, house-made chutney (V, GFOA)	14
BELGIAN WAFFLE Berry compote & ice cream	14
BACON AND EGG BURGER Toasted burger bun, grilled bacon, fried eggs, American cheddar cheese, smokey BBQ sauce	15
ACAI BOWL 3 scoops of acai sorbet, seasonal fruits, granola Biscoff, Peanut butter, Almond butter + \$3 each (V, GF)	18
VANILLA PANNA COTTA Citrus salad, rolled oat crunch (V, GFOA)	18
SMASHED AVO Sourdough toast, avocado salsa, roasted cherry tomatoes, kale, poached eggs, honey mustard yoghurt dressing (V, GF)	22
CLASSIC EGGS BENNY Sourdough toast, shaved leg ham, poached eggs, hollandaise	22
EXTRAS + bacon \$6 + roasted cherry tomatoes \$5 + eggs \$6 + extra sourdough \$3 + avocado \$6 + gluten-free bread \$2 + hash brown \$7	

Cold Drinks

	Reg	Lrg
ICED LATTE	6.2	7.7
ICED COFFEE	7.7	9.7
ICED LONG BLACK	6.5	7.9
ICED CHOCOLATE	6	7.5
ICED CHAI	6	7.5
ICED MATCHA	6	7.5
ICED MOCHA	6	7.5

Hot Drinks

	Reg	Lrg
FLAT WHITE, LATTE, CAPPUCCINO, MOCHACCINO	5.3	6.3
LONG BLACK	5	6
SHORT BLACK	4.5	—
SHORT MACCHIATO	4.5	—
LONG MACCHIATO	5.5	—
PICCOLO	4.5	—
CHAI LATTE, MATCHA LATTE	5.5	6.5
HOT CHOCOLATE	5.5	6.5
BABYCINO	2.8	—
TEA Chamomile, Lemongrass & Ginger, Earl Grey, Peppermint, English Breakfast, Green Tea	4.5	6
EXTRAS Soy milk+\$1, Oat milk +\$1, Almond milk +\$1		

Milkshakes

	Reg	Lrg
VANILLA, CARAMEL, SPEARMINT, BANANA, CHOCOLATE OR STRAWBERRY All made with vanilla bean ice cream	6.5	9.5

Smoothies

(Protein: P, Carbs: C, Fats: F, Cals: kcal)

All smoothies are made with coconut water	500ml
SUNRISE FUEL (~4.6g P ~80g C ~1.8g F 330 kcal) Banana, honey, oat, cinnamon	11
TROPICAL HYDRATION (~2.7g P ~47g C ~0.6g F 198 kcal) Mango, pineapple	11
BERRY BLISS (~3.1g P ~32.2g C ~5.8g F 191 kcal) Acai, mixed berries	11
GREEN GODDESS (~3.5g P ~39.8g C ~0.6g F 163 kcal) Matcha, spinach, celery, apple, ginger, lemon	11
PROTEIN POWER (~18.5g P ~81.8g C ~21.7g F 421 kcal) Made with ricotta & almond milk	13.5
EXTRAS (~30.1g P ~6.1g C ~2.6g F 170 kcal) Proteinshot +\$3	

SEE OUR CAFÉ FOR DELICIOUS & HEALTHY DAILY CREATIONS

Sandwiches, Wraps, Raw Slices, Cakes, Muffins, Cookies and more!

V = VEGETARIAN VG = VEGAN VGOA = VEGAN OPTION AVAILABLE GF = GLUTEN FRIENDLY GFOA = GLUTEN FRIENDLY OPTION AVAILABLE DF = DAIRY FREE

We take your dietary needs seriously & strive to accommodate various allergies & intolerances.

While we make every effort to prevent cross-contamination, we cannot guarantee that any dish will be completely free of allergens.