

Breakfast Menu

PLEASE ORDER AT THE COUNTER

Breakfast Menu (Until 11am))	
SOURDOUGH TOAST Served with butter and preserves		8
ACAI BOWL 3 scoops of acai sorbet, seasonal fruits, granola (GI Biscoff, Peanut butter, Almond butter + \$3 each	F)	18
EGGS YOUR WAY Poached, scrambled or fried eggs on toasted sourd with house-made chutney (V, GFOA)	lough	14
BACON AND EGG BURGER Toasted potato bun, grilled bacon, fried eggs, American cheddar cheese, smokey BBQ sauce		14
SMASHED AVO Potato and mozzarella rosti, avocado salsa, red pepper chutney, poached eggs (V, GF)		22
NASI GORENG Vegetarian fried rice, sunny side egg, pickled cucumber, prawn crackers (GFOA, VGOA)		24
PORK BELLY BENNY Vietnamese toast, crisp pork belly, herb salad, poached eggs, hollandaise, red chillies		24
FRIED CHICKEN AND WAFFLE Belgian waffle, buttermilk fried chicken, maple, chilli	i, pickles	20
BELGIAN WAFFLE Served with berry compote and ice cream		14
EXTRAS Bacon +\$6, Eggs +\$6, Avocado +\$6, Potato & moz +\$5, Roasted cherry tomatoes +\$5, Extra sourdoug Gluten-free bread +\$2		ii
Cold Drinks	Reg	Lrg
ICED LATTE	6.2	7. 7
ICED COFFEE	7. 7	9.7
ICED LONG BLACK	6.5	7.9
ICED CHOCOLATE	6	7.5
ICED CHAI	6	7.5

Hot Drinks	Reg	Lrg
FLAT WHITE, LATTE, CAPPUCCINO, MOCHACCINO	5.3	6.3
LONG BLACK	5.0	6.0
SHORT BLACK	4.5	_
SHORT MACCHIATO	4.5	_
LONG MACCHIATO	5.5	_
PICCOLO	4.5	-
CHAI LATTE, MATCHA LATTE	5.5	6.5
HOT CHOCOLATE	5.5	6.5
BABYCINO	2.8	_
TEA Chamomile, Lemongrass & Ginger, Earl Grey, Peppermint, English Breakfast, Green Tea	4.5	6
EXTRAS Soy milk +\$1, Oat milk +\$1, Almond milk +\$1		
Milkshakes	Reg	Lrg
VANILLA, CARAMEL, CHOCOLATE OR STRAWBERRY All made with vanilla bean ice cream	6.5	9.5
Smoothies (Protein: P, Carbs: C, Fats: All smoothies are made with coconut water	F, Cals: kca	a <mark>l)</mark> 500ml
SUNRISE FUEL (~4.6g P ~80g C ~1.8g F Banana, honey, oat, cinnamon	330 kcal)	11
TROPICAL HYDRATION (~2.7g P ~47g C Mango, pineapple	~0.6g F 19	98 kca 11
BERRY BLISS (~3.1g P ~32.2g C ~5.8g F Acai, mixed berries	191 kcal)	11
GREEN GODDESS (~3.5g P ~39.8g C ~0.0 Matcha, spinach, celery, apple, ginger, lemon	6g F 163 k	cal) 11
EXTRAS (~30.1g P ~6.1g C ~2.6g F 170 F Protein shot +\$3	kcal)	

SEE OUR CAFÉ FOR DELICIOUS & HEALTHY DAILY CREATIONS

Sandwiches, Wraps, Raw Slices, Cakes, Muffins, Cookies and more!

We take your dietary needs seriously & strive to accommodate various allergies & intolerances. However, please be aware that our kitchen handles a wide array of ingredients, including common allergens such as nuts, dairy, gluten, shellfish, & soy. While we make every effort to prevent cross-contamination, we cannot guarantee that any dish will be completely free of allergens. If you have a severe allergy, please inform your server before placing your order, & we will do our utmost to provide you with a safe dining experience.